

## *Making Headlines*



Physical Therapist Shirley Elbaum headed up Brooks Robinson's physical therapy at Towson Sports Medicine.

### **Knee Surgery Gives Orioles' Robinson Back His Stride**

When Brooks Robinson was introduced as a member of the All-Century Team at the 1999 World Series, he was able to walk before baseball fans free of pain.

Last fall, the Hall of Fame third baseman got his stride back, thanks to a successful knee replacement surgery performed by David Dalury, M.D., a specialist in total joint replacement at Towson Orthopaedic Associates.

"When I came to the Orioles in 1955, I tore my right knee cartilage completely and I had to have it removed," explains Brooks. "I played my whole 23-year career with the Orioles like that." Over the last few years, that sports injury has come back to haunt him at first with minor pain in his right knee, and then more severe pain in his hip.

Brooks knew it was time to seek medical attention. "I had friends, like Hall of Famers Harmon Killibrew and Tom LaSorda, who had their knees replaced, so I knew what I was in for," he notes.

Making the decision to come to Towson Orthopaedic Associates was easy for the 16 time Gold Glove winner. "Some of my friends chose Dr. Dalury for their orthopedic surgery," Brooks says. "After I talked to them, I just made up my mind that I was going to have it done by him at St. Joseph as well."

After the surgery, Brooks started the daily routine of rehabilitation to get back on his feet. "Once I started doing rehab at Towson Sports Medicine, my knee got better in a hurry," explains the legendary third baseman. With his knee no longer causing pain, Robinson now has returned to playing golf and, of course, baseball.

"I'll probably play at the Oriole Fantasy Camp again this year," says Brooks with a smile. "It's great to be back in the game."



Towson Sports Medicine's physical therapists and certified athletic trainers who were also involved with Brooks during his rehabilitation are Top Row, L to R: Dave Barringer, P.T.; Chris Kury, A.T., C.; Dave Langrehr, A.T., C.; Dan Lopez, A.T., C. Front Row, L to R: Susie Limburg, P.T.; Amy Magladry, A.T., C.; Brooks Robinson; Shirley Elbaum, P.T.; Scott Powderly, A.T., C.; Bee Peck, P.T.; Rachel Colby, A.T., C.