



**TOWSON
SPORTS
MEDICINE**

Who We Are in Bel Air

Towson Sports Medicine is recognized as being among the best and largest orthopaedic rehabilitation facilities in the Baltimore area. With our new facility in Bel Air, we continue to provide the highest level of care with a comprehensive rehabilitation program for injured and post-surgical patients as well as the competitive, weekend and occasional athlete of any age. We are dedicated to providing superior care to those individuals whose lives are entrusted to us. Our state licensed and board certified physical therapists and occupational therapists will aid patients in returning to an optimal level of function following injury or illness. The physical and occupational therapists use patient education, therapeutic exercise, modalities such as ice, heat, ultrasound, and TENS, splinting and hands-on manual therapy to aid patient in their recovery goals. Physical therapy services are offered for general orthopaedic and post-surgical treatment.



PHYSICAL AND OCCUPATIONAL THERAPISTS



Brett Wiegrefe MPT

Graduated with a Bachelor of Health Sciences from the University of Miami in 2001 and a Masters in Physical Therapy from the University of Florida in 2003. Since that time he has had extensive course work in the area of manual therapy from the Institute of Physical Art to utilize functional mobilization to restore optimal function to patients.



Brian M. Powell, PT, DPT, OCS, SCS, CSCS

Earned his bachelor's degree in biology from Villanova University in 2002, his Doctorate in Physical Therapy from the University of Delaware in 2004 and completed the University of Delaware Sports Physical Therapy Residency in 2005. He is experienced in pre-op and non-op ACL rehabilitation and has led treatment for players of the Baltimore Orioles, Baltimore Blast, U.S. Olympic team and is a board certified Orthopaedic Clinical Specialist and Sports Clinical Specialist.



Kelly Keller OTR, CHT, CMLDT

Kelly is a 1990 graduate of Towson University with a Bachelor of Science degree in Occupational Therapy. Kelly specialized early in hand therapy, and also has experience with stroke rehabilitation. She became a Certified Hand Therapist in 1996 and became certified in lymphedema management in 1998 for head, neck, and upper and lower extremities. She is experienced in various splinting techniques and treating patients with acute and chronic upper extremity injuries.

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