

PATIENT INFORMATION WEBSITES FOR HIP AND KNEE REPLACEMENT

The following list of internet web sites provides the latest, important and useful information about joint replacement surgery. **Orthoinfo.aaos.org** and **aahks.org** are the professional organizations for orthopedic surgeons. These websites will provide comprehensive and science-based information about all aspects of joint replacement.

PATIENT-BASED RESOURCES:

Activejoints.com
www.activejoints.com

Ask NOAH about the Knee
www.noah-health.org

Bob's ACL Board
<http://factotem.org/library>

Orthopedic & Arthroscopy Message Board
www.arthroscopy.com

Sexual activity guidelines following total hip replacement surgery
<http://members.tripod.com/totallyhip1/educate/sexthr.htm>

Your Orthopaedic Connection (American Academy of Orthopaedic Surgeons)
<http://orthoinfo.aaos.org>

www.aahks.org
(American Association of Hip & Knee Surgeons)

www.kneereplacement.com
(DePuy Orthopedics, Inc.)

CARTILAGE

Knee Problems: Articular Cartilage Damage
www.kneeclinic.info

New Techniques to Restore Articular Cartilage
<http://orthoinfo.aaos.org>

Carticel (Commercial Site)
www.carticel.com

Arthroscopy Association of North America
(useful links - choose topics)
www.aana.org

THE HIP

Hip Fact Sheets
<http://orthoinfo.aaos.org>

Medline Plus: Hip Joint Replacement
www.nlm.nih.gov/medlineplus/ency/article/002975.htm

Hip Implants
<http://orthoinfo.aaos.org>

Yoga after Hip Replacement
www.yogajournal.com/practice/596
(name of article - "Practicing Safely with Bilateral Hip Replacements")

www.expandinglight.org
(In search box - type in yoga after joint replacement.)

www.livestrong.com/article/175515-yoga-hip-replacement

www.livestrong.com/article/348344-yoga-double-hip-replacement

THE KNEE

AAOS Knee Fact Sheets
<http://orthoinfo.aaos.org>

Animated Knee Anatomy
www.midsouthorthopaedics.com

Article of Interest
www.kneesociety.org

Yoga after Knee Replacement
www.livestrong.com/article/366182

www.synviscone.com



www.TowsonOrtho.com
1.800.678.4671

