PRIMARY CARE APPROACH TO

# TREATING THE INJURED ATHLETE

Presented by University of Maryland St. Joseph Medical Center and Towson Sports Medicine

The Prevention of Exertional Heat Illness: A Military



### FRIDAY MAY 3, 2019 8 A.M. - 4:30 P.M.

## THE CONFERENCE CENTER AT SHEPPARD PRATT 6501 N. CHARLES STREET, BALTIMORE, MD 21204

This one-day course is for primary care physicians, physician assistants, certified athletic trainers, physical therapists, and other allied health professionals who are interested in improving their sports medicine knowledge. Educational credit will be available for this event.

#### KEYNOTE SPEAKERS

Francis O'Connor, MD

Cardiologist, MedStar Health

### **TOPICS**

Sports Medicine Physician, Fairfax, VA	Perspective Perspective
Matthew Bordeau, DPT FX Physical Therapy	Blood Flow Restriction Therapy
Sarah Hobart, MD Orthopaedic Surgeon, Towson Orthopadic Associates Greg Ellis, DPT Towson Sports Medicine	Utilizing Functional Movement Assessments to Assess Injury Risk and Pave the Road to Prevention
Tiffany Tsay, MD Sports Medicine Physician, Towson Orthopaedic Associates	Musculoskeletal Ultrasound of the Foot and Ankle
Jessica Nance, MD Assistant Professor of Neurology, Johns Hopkins Hospital Claire Shannon, MD Pediatric Orthopaedic Surgeon, Johns Hopkins Hospital	Gait Abnormalities in Pediatrics: Orthopaedic or Neurologic?
Ankit Shah, MD	The Exercise Prescription & Recommendations

Visit <a href="https://primarycare2019.eventbrite.com">https://primarycare2019.eventbrite.com</a> for full course schedule and registration information.





for Exercise Testing