PATIENT INFORMATION WEBSITES FOR HIP AND KNEE REPLACEMENT

The following list of internet web sites provides the latest, important and useful information about joint replacement surgery. Orthinfo.aaos.org and aahks.org are the professional organizations for orthopedic surgeons. These websites will provide comprehensive and science-based information about all aspects of joint replacement.

PATIENT-BASED RESOURCES:
Activejoints.com
www.activejoints.com

Ask NOAH about the Knee
www.noah-health.org

Bob’s ACL Board
http://factotem.org/library

Orthopedic & Arthroscopy Message Board
www.arthroscopy.com

Sexual activity guidelines following total hip replacement surgery
http://members.tripod.com/totallyhip1/educate/sextrh.htm

Your Orthopaedic Connection (American Academy of Orthopaedic Surgeons)
http://orthoinfo.aaos.org

www.aahks.org
(American Association of Hip & Knee Surgeons)

www.kneereplacement.com
(DePuy Orthopedics, Inc.)

CARTILAGE
Knee Problems: Articular Cartilage Damage
www.kneeclinic.info

New Techniques to Restore Articular Cartilage
http://orthoinfo.aaos.org

Carticel (Commercial Site)
www.carticel.com

Arthroscopy Association of North America
(useful links - choose topics)
www.aana.org

THE HIP
Hip Fact Sheets
http://orthoinfo.aaos.org

Medline Plus: Hip Joint Replacement

Hip Implants
http://orthoinfo.aaos.org

Yoga after Hip Replacement
www.yogajournal.com/practice/596
(name of article - “Practicing Safely with Bilateral Hip Replacements”)

www.expandinglight.org
(In search box - type in yoga after joint replacement.)

www.livestrong.com/article/175515-yoga-hip-replacement

www.livestrong.com/article/348344-yoga-double-hip-replacement

THE KNEE
AAOS Knee Fact Sheets
http://orthoinfo.aaos.org

Animated Knee Anatomy
www.midsouthorthopaedics.com

Article of Interest
www.kneesociety.org

Yoga after Knee Replacement
www.livestrong.com/article/366182

www.synviscone.com