University of Maryland Rehabilitation Network FAQ

What is the UM Rehabilitation Network?

The University of Maryland Rehabilitation Network (UMRN) is a coordinated system of inpatient and outpatient rehabilitation providers working together to help people recover from illness or injury. Offering a full range of physical rehabilitation services, the network brings together expert teams of committed care providers from facilities all across the state, ranging from community hospitals to a large academic medical center. All network members are part of the University of Maryland Medical System.

What does it mean for patients?

The UM Rehabilitation Network takes advantage of a collaborative team approach. Rehabilitation professionals at all facilities work together to provide consistent and appropriate care at every stage of recovery. The network offers patients flexibility, quality and access to a broad spectrum of expertise. With locations throughout Maryland, UMRN provides convenience and access to a wide range of specialized and unique rehabilitation programs, such as balance, aquatic (water) therapy and hand therapy

The bottom line: If your local hospital does not have a service you are looking for, another facility in the network probably does. Patients and their families can have peace of mind knowing that a coordinated team of experts is working together to make sure they receive the highest quality rehabilitation services available.

What facilities are part of the UM Rehabilitation Network?

- University of Maryland Medical Center
- University of Maryland Medical Center Midtown Campus
- University of Maryland Baltimore Washington Medical Center
- University of Maryland Charles Regional Medical Center
- University of Maryland Rehabilitation & Orthopaedic Institute
- University of Maryland St. Joseph's Medical Center
- Towson Sports Medicine
- University of Maryland Upper Chesapeake Health
- University of Maryland Shore Regional Health
- Mt. Washington Pediatrics
- Fort Washington Medical Center

For a full list of locations, visit our website: www.umms.org/rehabnetwork

What services are offered through the network?

Rehabilitation Physicians

- Rehabilitation Nursing
- Occupational Therapy
- Speech Therapy
- Physical Therapy
- Recreational Therapy
- Certified Athletic Trainers

Where are services offered?

Services are offered in our acute care hospitals, inpatient rehabilitation facilities, skilled nursing facility and outpatient facilities. We also have rehabilitation services that are available at home and community sites, such as a YMCA in Abington.

What programs are offered through the network?

For a full list of programs and a description, visit our website: www.umms.org/rehabnetwork

- o Amyotrophic lateral Sclerosis (ALS) Clinic
- o Amputee Clinic
- Aquatic Therapy
- o Balance Program, including Vestibular Rehabilitation
- Brain Injury Program
- o Cardiac Rehabilitation
- Chronic Disease Self-Management
- Coma Emergence
- Complementary/Integrative Medicine
- Concussion Program
- Functional Capacity Evaluation
- o Guillian-Barre Program
- Hand Therapy (Splinting)
- Lymphedema Program
- Manual Therapy
- Multi-Trauma Therapy
- Neurological Rehabilitation
- Orthopaedic Rehabilitation
- Oncology Rehabilitation
- Pain Management
- o Parkinson's Program, including the movement program "Big And Loud"
- Pediatric Rehabilitation
- Pulmonary Rehabilitation
- Spinal Cord Rehabilitation/Injury
- Sports Injury Rehabilitation
- o Stroke Rehabilitation
- Stroke Exercise Class- based in the Community
- Swallowing Disorders

- o TMJ Therapy
- Urinary Incontinence
- o Voice Clinic
- o Women's Health Program
- o Wound Care Program
- Wheelchair Seating Services

How do I refer patients to the network or find more information?

- Please contact your local University of Maryland hospital and ask for the Rehabilitation Department
- Visit our website at <u>www.umms.org/rehabnetwork</u> to find a location near you.